

AUTUMN TERM 2021

LUNCH



MENU



A VERY WARM WELCOME

to all the new chidlers and human beans joining us!

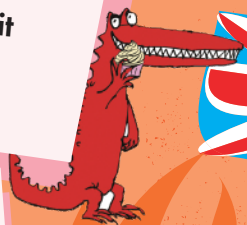


SEPTEMBER 13TH

Roald Dahl Day, with scrumdiddlyumptious Pizza, Farmer Beans Burger or Mrs Fox's Fantastic Mild Vegetable Chilli to choose from, finished off with Violet's Blueberry Cake, we promise it won't turn you purple.



We are celebrating British Food Fortnight with British Roast Beef and Yorkshire pudding and a Best of British Vegan Sausage on the menu.



OCTOBER 1ST

World Vegetarian Day is on the 1st of October. We love to pack veggies into many of our dishes, we even put them in the cakes too, our carrot cake is both delicious and healthy.

NOVEMBER 5TH

Remember, Remember the 5th of November, and remember to order school meals too. We are serving a local butcher's sausage hot dog and an amazing sticky toffee pudding with custard. Banging!



FOOD ALLERGIES

It is your responsibility to order a meal your child can safely eat. To make this as easy as possible for you we have detailed the five most common allergens on the menu. These symbols show meals that 'contain' specified allergens.

Ingredients for all our meals can be found by clicking on a meal choice on the online ordering system. For further allergen details please refer to the full allergen list at

localfoodlinks.org.uk/allergies

Some side dishes or sauces are optional; gravy, custard, cheese, mayonnaise, spread and bread can be omitted to make your selection allergy compliant.

We will work with you to provide allergen free meals for children who have medically confirmed food allergies.

To discuss in more detail please contact

barry.dovell@localfoodlinks.org.uk

FREE SCHOOL MEALS

If your child is in KS1 (Reception, Yr1 and Yr2) they can enjoy a hot school meal for free everyday!

For children in KS2 the price is £2.40 per meal. Some children in Yr3 or above may be entitled to **free meals** if their parents receive financial support.

To find out if you are entitled, contact your local authority.

AUTUMN

SCHOOL LUNCH MENU
2 SEPTEMBER - 5 NOVEMBER

SCHOOL

NAME ONE FORM
PER CHILD

CLASS

Total _____ x £2.40

£ _____

Cheques made payable to School

AUTUMN

SCHOOL LUNCH MENU

2 SEPTEMBER - 5 NOVEMBER

HOW TO ORDER

The easiest way to order meals is online at
my.localfoodlinks.org.uk



Meals need to be ordered (or amended)
7 days in advance.

Why not order for the whole half term?
You can log back in and make changes
if you need to.

The system is easy to use but if you have
any problems you can talk to the team on
01308 420269



Selected schools may accept paper orders
via the school office, please check with your
school for ordering deadlines.

SCHOOL

NAME ONE FORM
PER CHILD

CLASS

Total _____ x £2.40

£ _____

Cheques made payable to School



www.localfoodlinks.org.uk

LAST BIT OF THE HOLIDAYS

Did you order Week 1 last half term?

1

MONDAY 6 SEPT

- GD Lasagne with Baby Carrots & Peas
- GD Vegetable Lasagne with Baby Carrots & Peas
- Jacket Potato with Ham & Crudites
- G Oat Cookie or Fresh Fruit



TUESDAY 7 SEPT

- GDSE Turkey Meatball Sub with Tomato Sauce, Grated Cheese, Sweetcorn & Coleslaw
- GDSE Veg Ball Sub with Tomato Sauce, Grated Cheese, Sweetcorn & Coleslaw
- FE Jacket Potato with Tuna Mayo & Mixed Salad
- G Mini Shortbread & Melon

WEDNESDAY 8 SEPT

- Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy
- GE Vegetable Bake with Roast Potatoes, Mixed Vegetables & Gravy
- GDS Cheese Sub Roll with Pesto Pinwheel & Crudites
- GE Raspberry Cake or Fresh Fruit

THURSDAY 2 SEPT

- GD Beef Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GD Vegetable Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- FE Jacket Potato with Tuna Mayo & Crudites
- G Flapjack or Fresh Fruit

FRIDAY 03 SEPT

- FG Battered Fish with Chips, Peas & Tomato Ketchup
- GD Cheese & Tomato Pinwheel with Chips, Peas & Tomato Ketchup
- GDS Ham Sub Roll with Chips, Mixed Salad & Tomato Ketchup
- GE Lemon Sponge or Fresh Fruit



WEEK 1

THURSDAY 2 SEPT

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

2

MONDAY 13 SEPT

- GD Scrumdiddlyumptious Cheese & Tomato French Bread Pizza with Corn on the Cob & Baked Beans
- GD Farmer Beans Cheese & Bean Burger with Corn on the Cob & Baked Beans
- Jacket Potato with Mrs Fox's Fantastic Mild Vegetable Chilli
- GE Violet's Blueberry Cake or Fresh Fruit



TUESDAY 14 SEPT

- GD Beef Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GD Vegetable Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GDS Ham Sub Roll with Pesto Pinwheel & Crudites
- G Oat & Fruit Slice or Fresh fruit



WEDNESDAY 15 SEPT

- Roast Turkey with Roast Potatoes, Mixed Vegetables & Gravy
- G Vegetarian Sausage Roll with Roast Potatoes, Mixed Vegetables & Gravy
- GDS Cream Cheese & Cucumber Sub Roll with Tomato Twist & Mixed Salad
- GE Mini Chocolate Brownie & Orange Wedge

THURSDAY 9 SEPT

- GD Chicken Wrap with Rice, Peas & Grated Cheese
- GD Macaroni Cheese with Crusty Bread & Peas
- Jacket Potato with Ham & Mixed Salad
- G Mini Chocolate Cookie & Orange Wedge



FRIDAY 10 SEPT

- FG Breaded Fillet of Fish with Chips, Baby Carrots & Tomato Ketchup
- GD Roasted Vegetable Twist with Chips, Baby Carrots & Tomato Ketchup
- GD Cheese Baguette with Chips, Crudites & Tomato Ketchup
- GE Carrot Cup Cake or Fresh Fruit



WEEK 2


MONDAY 6 SEPT

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

3

MONDAY 20 SEPT

- GSE BBQ Chicken Breast in a Roll with Crunchy Lettuce, Corn on the Cob & Coleslaw
- GDE Cheese & Tomato Pinwheel with Corn on the Cob & Coleslaw
- D Jacket Potato with Cheese & Crudites
- G Marble Cookie or Fresh Fruit



TUESDAY 21 SEPT

- G Local Butcher's Pork Sausage with Pasta, Tomato Sauce & Peas
- G Best of British Quorn Sausage with Pasta, Tomato Sauce & Peas
- D Jacket Potato with Cream Cheese, Ham & Mixed Salad
- G Mini Oat Cookie & Melon



WEDNESDAY 22 SEPT

- GDE Roast Beef with Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy
- GDE Cauliflower Cheese with Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy
- FGSE Tuna Mayo Sub Roll with Pesto Twist & Crudites
- GD Chocolate Crispy Square or Fresh Fruit

THURSDAY 16 SEPT

- GS Pork & Apple Burger in a Roll with Crunchy Lettuce, Corn on the Cob & Baked Beans
- GS Veggie Burger in a Roll with Crunchy Lettuce, Corn on the Cob & Baked Beans
- GD Jacket Potato with Spaghetti Hoops & Grated Cheese
- G Flapjack or Fresh Fruit

FRIDAY 17 SEPT

- FG Fish Fingers with Potato Wedges, Peas & Tomato Ketchup
- G Fishless Fingers with Potato Wedges, Peas & Tomato Ketchup
- GD Cheese Baguette with Potato Wedges, Crudites & Tomato Ketchup
- G Mini Shortbread & Pineapple



WEEK 3

MONDAY 13 SEPT

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

4

MONDAY 27 SEPT

- GD Lasagne with Baby Carrots & Peas
- GD Vegetable Lasagne with Baby Carrots & Peas
- Jacket Potato with Ham & Crudites
- G Oat Cookie or Fresh Fruit



TUESDAY 28 SEPT

- GDSE Turkey Meatball Sub with Tomato Sauce, Grated Cheese, Sweetcorn & Coleslaw
- GDSE Veg Ball Sub with Tomato Sauce, Grated Cheese, Sweetcorn & Coleslaw
- FE Jacket Potato with Tuna Mayo & Mixed Salad
- G Mini Shortbread & Melon

WEDNESDAY 29 SEPT

- Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy
- GE Vegetable Bake with Roast Potatoes, Mixed Vegetables & Gravy
- GDS Cheese Sub Roll with Pesto Pinwheel & Crudites
- GE Raspberry Cake or Fresh Fruit

THURSDAY 23 SEPT

- D Cottage Pie with Baby Carrots & Peas
- D Vegetarian Cottage Pie with Baby Carrots & Peas
- D Jacket Potato with Cheese & Mixed Salad
- GE Sticky Ginger Cake or Fresh Fruit

FRIDAY 24 SEPT

- FG Battered Fish with Chips, Sweetcorn & Tomato Ketchup
- GDE Cheese & Onion Quiche with Chips, Sweetcorn & Tomato Ketchup
- G Ham Baguette with Chips, Crudites & Tomato Ketchup
- Strawberry Jelly & Fruit Salad



WEEK 4

MONDAY 20 SEPT

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

5

MONDAY 4 OCT

- GD Cheese & Tomato French Bread Pizza with Corn on the Cob & Baked Beans
- GD Cheese & Bean Burger with Corn on the Cob & Baked Beans
- Jacket Potato with Mild Vegetable Chilli
- GE Blueberry Cake or Fresh Fruit



TUESDAY 5 OCT

- GD Beef Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GD Vegetable Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GDS Ham Sub Roll with Pesto Pinwheel & Crudites
- G Oat & Fruit Slice or Fresh fruit

WEDNESDAY 6 OCT

- Roast Turkey with Roast Potatoes, Mixed Vegetables & Gravy
- G Vegetarian Sausage Roll with Roast Potatoes, Mixed Vegetables & Gravy
- GDS Cream Cheese & Cucumber Sub Roll with Tomato Twist & Mixed Salad
- GE Mini Chocolate Brownie & Orange Wedge

THURSDAY 7 OCT

- GS Pork & Apple Burger in a Roll with Crunchy Lettuce, Corn on the Cob & Baked Beans
- GS Veggie Burger in a Roll with Crunchy Lettuce, Corn on the Cob & Baked Beans
- GD Jacket Potato with Spaghetti Hoops & Grated Cheese
- G Flapjack or Fresh Fruit

FRIDAY 8 OCT

- FG Fish Fingers with Potato Wedges, Peas & Tomato Ketchup
- G Fishless Fingers with Potato Wedges, Peas & Tomato Ketchup
- GD Cheese Baguette with Potato Wedges, Crudites & Tomato Ketchup
- G Mini Shortbread & Pineapple



WEEK 5

MONDAY 27 SEPT

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

6

MONDAY 11 OCT

- GSE BBQ Chicken Breast in a Roll with Crunchy Lettuce, Corn on the Cob & Coleslaw
- GDE Cheese & Tomato Pinwheel with Corn on the Cob & Coleslaw
- D Jacket Potato with Cheese & Crudites
- G Marble Cookie or Fresh Fruit



TUESDAY 12 OCT

- G Local Butcher's Pork Sausage with Pasta, Tomato Sauce & Peas
- G Best of British Quorn Sausage with Pasta, Tomato Sauce & Peas
- D Jacket Potato with Cream Cheese, Ham & Mixed Salad
- G Mini Oat Cookie & Melon



WEDNESDAY 13 OCT

- GDE Roast Beef with Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy
- GDE Cauliflower Cheese with Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy
- FGSE Tuna Mayo Sub Roll with Pesto Twist & Crudites
- GD Chocolate Crispy Square or Fresh Fruit

THURSDAY 14 OCT

- D Cottage Pie with Baby Carrots & Peas
- D Vegetarian Cottage Pie with Baby Carrots & Peas
- D Jacket Potato with Cheese & Mixed Salad
- GE Sticky Ginger Cake or Fresh Fruit



FRIDAY 15 OCT

- FG Battered Fish with Chips, Sweetcorn & Tomato Ketchup
- GDE Cheese & Onion Quiche with Chips, Sweetcorn & Tomato Ketchup
- G Ham Baguette with Chips, Crudites & Tomato Ketchup
- G Strawberry Jelly & Fruit Salad



WEEK 6

MONDAY 4 OCT

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

7

MONDAY 18 OCT

- GD Lasagne with Baby Carrots & Peas
- GD Vegetable Lasagne with Baby Carrots & Peas
- Jacket Potato with Ham & Mixed Salad
- G Flapjack or Fresh Fruit



TUESDAY 19 OCT

- GDSE Turkey Meatball Sub with Tomato Sauce, Grated Cheese, Sweetcorn & Coleslaw
- GDSE Veg Ball Sub with Tomato Sauce, Grated Cheese, Sweetcorn & Coleslaw
- FE Jacket Potato with Tuna Mayo & Mixed Salad
- G Mini Shortbread & Melon

WEDNESDAY 20 OCT

- Roast Chicken with Roast Potatoes, Mixed Vegetables & Gravy
- G Vegetarian Sausage Roll with Roast Potatoes, Mixed Vegetables & Gravy
- GD Cheese Sub Roll with Pesto Pinwheel & Mixed Salad
- G Oat Cookie or Fresh Fruit



THURSDAY 21 OCT

- GD Macaroni Cheese with Crusty Bread & Peas
- GD Homemade Tomato Soup with a Wholemeal Cheese Roll
- Jacket Potato with Ham & Crudites
- GE Dorset Apple Cake or Fresh Fruit



FRIDAY 22 OCT

- FG Breaded Fillet of Fish with Chips, Baby Carrots & Tomato Ketchup
- GD Roasted Vegetable Twist with Chips, Baby Carrots & Tomato Ketchup
- GD Cheese Baguette with Chips, Mixed Salad & Tomato Ketchup
- GE Mini Chocolate Brownie & Orange Wedge

WEEK 7

MONDAY 11 OCT

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

8

MONDAY 1 NOV

- GD Cheese & Tomato French Bread Pizza with Corn on the Cob & Baked Beans
- GD Cheese & Bean Burger with Corn on the Cob & Baked Beans
- Jacket Potato with Vegetable Bolognese
- G Lemon Shortbread or Fresh Fruit



TUESDAY 2 NOV

- Chicken Breast with Tomato Sauce, Colourful Rice & Peas
- GE Quorn with Tomato Sauce, Colourful Rice & Peas
- D Jacket Potato with Baked Beans & Grated Cheese
- G Mini Flapjack & Pineapple



WEDNESDAY 3 NOV

- Roast Turkey with Roast Potatoes, Mixed Vegetables & Gravy
- GE Vegetable Bake with Roast Potatoes, Mixed Vegetables & Gravy
- GDS Cream Cheese & Cucumber Sub Roll with Tomato Twist & Mixed Salad
- G Oat & Raspberry Slice

THURSDAY 4 NOV

- GD Beef Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GD Vegetable Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GD Ham Baguette with Tomato Twist & Crudites
- G Mini Chocolate Cookie & Orange Wedge



FRIDAY 5 NOV

- GS Pork Hot Dog with Chips, Peas & Tomato Ketchup
- GSE Quorn Hot Dog with Chips, Peas & Tomato Ketchup
- D Jacket Potato with Cheese & Mixed Salad
- GDE Sticky Toffee Pudding with Custard or Fresh Fruit



WEEK 4

MONDAY 18 OCT

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

1

MONDAY 1 NOV

- GD Cheese & Tomato French Bread Pizza with Corn on the Cob & Baked Beans
- GD Cheese & Bean Burger with Corn on the Cob & Baked Beans
- Jacket Potato with Vegetable Bolognese
- G Lemon Shortbread or Fresh Fruit



TUESDAY 2 NOV

- Chicken Breast with Tomato Sauce, Colourful Rice & Peas
- GE Quorn with Tomato Sauce, Colourful Rice & Peas
- D Jacket Potato with Baked Beans & Grated Cheese
- G Mini Flapjack & Pineapple



WEDNESDAY 3 NOV

- Roast Turkey with Roast Potatoes, Mixed Vegetables & Gravy
- GE Vegetable Bake with Roast Potatoes, Mixed Vegetables & Gravy
- GDS Cream Cheese & Cucumber Sub Roll with Tomato Twist & Mixed Salad
- G Oat & Raspberry Slice

THURSDAY 4 NOV

- GD Beef Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GD Vegetable Bolognese with Wholemeal Pasta, Baby Carrots & Grated Cheese
- GD Ham Baguette with Tomato Twist & Crudites
- G Mini Chocolate Cookie & Orange Wedge



FRIDAY 5 NOV

- GS Pork Hot Dog with Chips, Peas & Tomato Ketchup
- GSE Quorn Hot Dog with Chips, Peas & Tomato Ketchup
- D Jacket Potato with Cheese & Mixed Salad
- GDE Sticky Toffee Pudding with Custard or Fresh Fruit



WEEK 1

MONDAY 1 NOV

| | M | T | W | T | F |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| MEAT | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| VEG | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| OTHER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL | _____ | | | | |

CONTAINS ALLERGENS

G Gluten

D Dairy

E Egg

S Soya

F Fish

See overleaf or online for more information on food allergies