

# Paperball

EYFS Area: **Personal, Social & Emotional Development**

Learning Goal: **Managing feelings and behaviour**

Did you know?

Research shows that determination is the most important ingredient in doing well at school.

How to play

1. **Find** some scrap paper and a bin. Scrunch up the paper into balls with your child.
2. **Explain** that your child needs to wait until you say 'ready, steady, go!' before they try to throw the ball into the bin.
3. **Encourage** your child to keep trying, but make sure they wait for your command before taking a shot.
4. **When** your child has thrown all the balls, ask them to help collect them all and put them back in the bin to tidy up.

**TIP:** Help your child follow the rules by keeping the balls out of sight and only offering one at a time.

Level 2

Encourage your child to take a few steps back so they are **further away** from the bin, and then throw the paperballs in - but only when you say 'ready, steady go!'

Level 3

When your child can get the paperball in the bin, stand up and pick the bin up, holding it at knee-height. Now, ask your child to throw the paperball in the bin again. Move the bin so it gets **higher and higher** and the challenge gets more difficult!

Top tip

To make the game more challenging, you can move the bin further away or even higher up, so it's a new target!